

# Data Sheet 107 (DS 107)

## Harmful Use of Alcohol

### What are we monitoring?

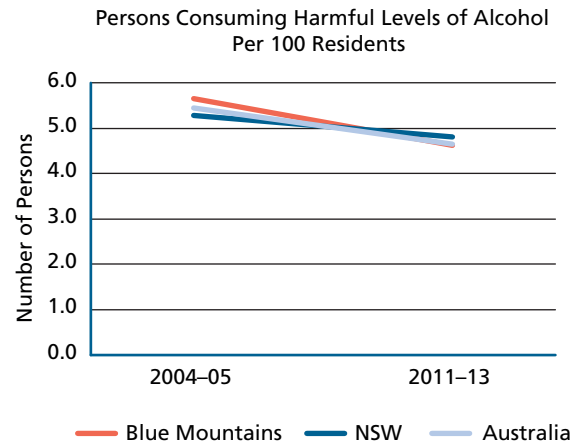
Harmful levels of alcohol consumption by residents 18 years and over in Blue Mountains Local Government Area (LGA) compared to NSW and Australia.

### What is the trend?

There are not enough data points to establish a trend. However the two points that are available indicate a reduction in the number of Blue Mountains residents aged 18 years and over consuming alcohol to a harmful level. The proportion of Blue Mountains residents consuming harmful levels of alcohol is in line with the proportion of people in NSW and Australia.

### Why is monitoring this trend important?

A change in the number of residents consuming alcohol to a harmful level is an indicator of change in the overall well-being and resilience of the community. It may also influence the support services that are needed to meet the needs of residents.



Persons Consuming Harmful Levels of Alcohol

Blue Mountains		
Year	2004-05	2011-13
Number	3,254	2,746
Per 100 Residents	5.6	4.6
New South Wales		
Year	2004-05	2011-13
Number	270,103	264,177
Per 100 Residents	5.3	4.8
Australia		
Year	2004-05	2011-13
Number	833,525	792,499
Per 100 Residents	5.5	4.7

Source: Social Health Atlas of Australian Local Government Areas  
Public Health Information Development Unit (PHIDU),  
Adelaide University Australia 2004-2005, 2011-2013